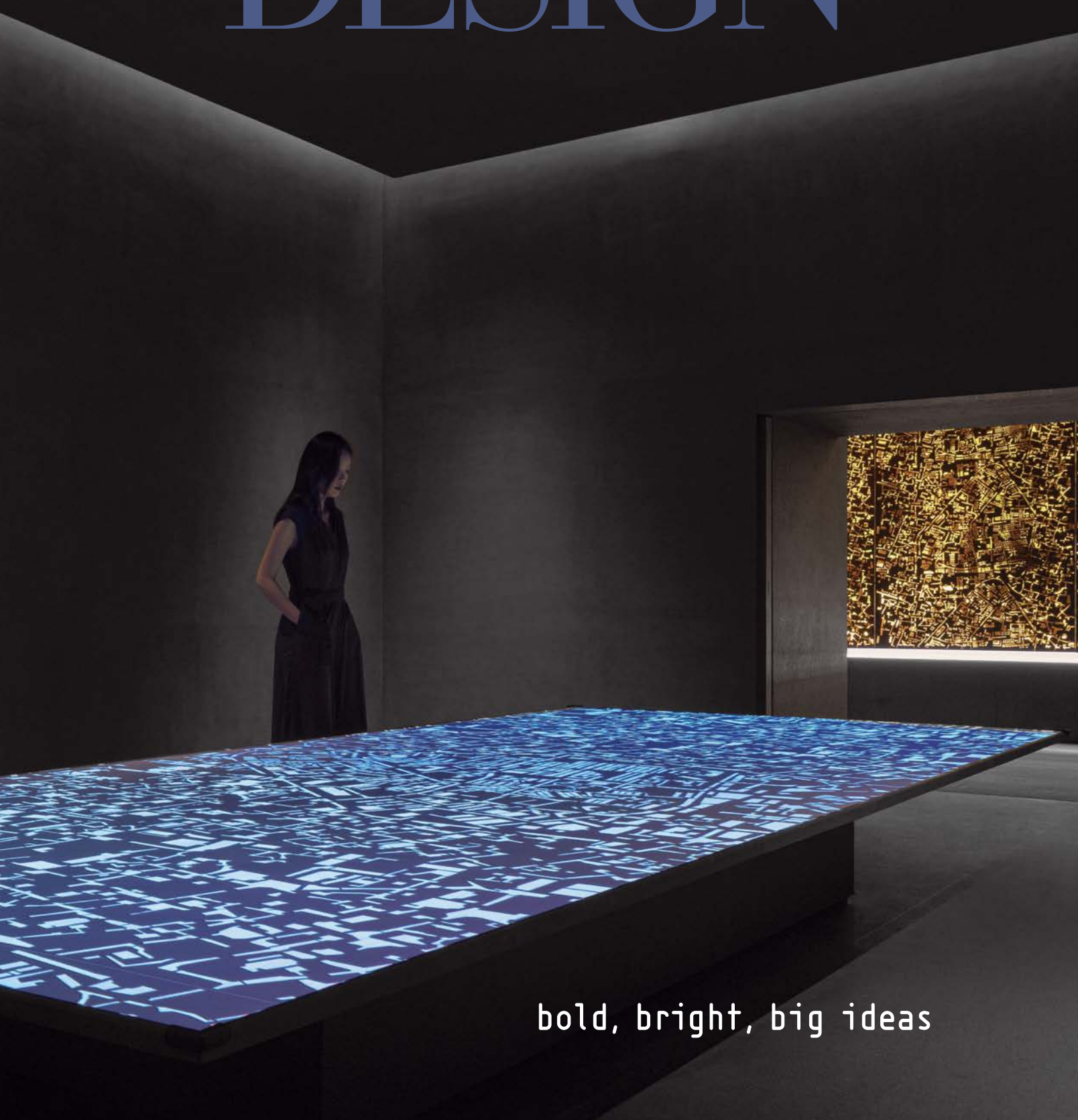


INTERIOR DESIGN[®]

AUGUST
2024



bold, bright, big ideas

"IA is committed to building more inclusive environments for all through sensory-rich spaces engaging sociological, psychological, and physiological research. The goal is to provide a more holistic experience for users, focusing on nine key principles of well-being. We're currently testing this model with a global financial-services client, and it's proving successful."

—Neil Schneider, IA Interior Architects



Interior Design's *NeoCon health and wellness roundtable participants share how they've addressed mental and emotional well-being in recent projects*

SHOPtalk

"We're having great success inserting loggias into the corners of skyscrapers; they remind me of the Hanging Gardens of Babylon. By removing windows, adding glass railings and planters, and pulling in the facade, we create open-air gathering spaces that bring nature to the concrete block. The post-pandemic demand for healthier environments made this popular. We're also studying the impact of scents and essential oils based on studies demonstrating they can enhance attention and relaxation. While in use for decades in hospitality and retail environments, this idea may see a new day in the workplace."

—Bill Bouchey, Gensler

"We're designing a daycare with a minimalist palette accentuated by flora-inspired colors, like a delicate pink known to have a soothing effect on emotions. The biophilic hues and textures work in concert with our child-centered design, tailoring the space to users' physical, cognitive, and emotional needs."

—Lily Weeks, WRNS Studio



"My furniture designs infuse spaces with whimsy while addressing the needs of those with anxiety or neurodiversity. Take the shaggy Phil lounge chair, a partnership with Haworth, Patricia Urquiola, and Pophouse, which is designed to be petted, invoking the release of comforting hormones akin to those experienced when interacting with a beloved pet. And my chair for Darran Furniture draws inspiration from the nurturing embrace of a hug and is strategically engineered to alleviate stress by targeting tension points."

—Chissy Fehan, Maison Fee

"We approach civic and justice buildings by first understanding that we are all sensory beings responding to our environment. For our recent work on the Nashville Youth Campus for Empowerment for families and youth entering the system, we fine-tuned spaces to support healing, transformation, and equity. Acoustically absorbent surfaces, calming colorways, and light levels foster regulation, de-escalation, and a sense of safety."

—José M. Jordan, DLR Group

